-2023-

WEDNESDAY

THURSDAY

FRIDAY



Cinnamon Frudel Stick Yogurt Peaches

French Toast Sticks with Syrup Mixed Fruit

Biscuit and Gravy **Peaches**

LJSH

Breakfast

All Breakfast Meals served with ½ pt of Juice and Milk

Nutri Grain Bar Cheese Stick Pineapple

Cereal Cheese Stick **Peaches**

TUESDAY

Cherry Frudel Stick Yogurt Mandarin Oranges

French Toast Sticks with Syrup **Pears**

Cheese Omelet Muffin **Applesauce**

17

24

Poptart Cheese Stick Mixed Fruit

Cereal Cheese Stick **Baked Apples** 15 Cinnamon Frudel Stick Yogurt Pineapple

16 French Toast Sticks with Syrup Mandarin Oranges

Biscuit and Gravy Fruit Cup

20

Nutri Grain Bar Cheese Stick Mixed Fruit

21

Cereal Cheese Stick Pears

22

NO SCHOOL

23 NO SCHOOL



NO SCHOOL

27

Poptart Yogurt Fruit Cup 28

Cereal Cheese Stick **Pears**

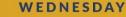
Cherry Frudel Stick Yogurt Peaches

30

French Toast Sticks with Syrup **Applesauce**



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THURSDAY

FRIDAY



BBQ on Bun Sweet Potato Fries California Blend Veggies with Cheese Mixed Fruit

Spaghetti with Meat Sauce Green Beans Peaches

Sweet & Sour Popcorn Chicken Egg Rolls with Sweet & Sour Sauce Broccoli Pineapple

LJSH

Lunch

All Lunch Meals served with ½ pt of milk Chicken Patty on Bun Chips and Salsa Green Beans Peaches

Pork and Gravy over Biscuit Mashed Potatoes and Gravy Peas Mandarin Oranges

TUESDAY

Corn Dog Tri-Tator Baked Beans Pears

Taco's Corn Applesauce

Pizza Salad Carrots Mixed Fruit

17

Hot Ham & Cheese on Bun Chips and Salsa **Baked Beans** Baked Apples

Orange Popcorn Chicken over Rice Egg Rolls with Sweet and Sour Sauce Broccoli Pineapple

Hamburger on Bun Fries California Blend Veggies with Cheese Mandarin Oranges

16 Turkey Mashed Potatoes and Gravy Green Bean Casserole Jello with Fruit

Calzone Bites Marinara Salad Mixed Fruit

20

Pulled Pork on Bun Tri-Tator **Baked Beans** Pears

21

Chicken Strips Mashed Potatoes and Gravy Corn Peach Crisp

22

NO SCHOOL

NO SCHOOL



NO SCHOOL

27

Chicken Patty on Bun Chips and Salsa Green Beans Pears

28

Chili with Grilled Cheese Sandwich Carrot Sticks Peaches

29

Hot Ham and Cheese on Bun Tri-Tator **Baked Beans** Applesauce

30

23

Chicken Alfredo Broccoli Pickled Beets Mixed Fruit

