

# OCTOBER 2023 LJSH LUNCH

19 days

MON	TUE	WED	THU	FRI
Hamburger on Bun <sup>2</sup> Fries Baked Bean Peaches	Meatloaf <sup>3</sup> Cheesy Hashbrown Cass. Green Bean Casserole Mixed Fruit	Chicken Patty on Bun <sup>4</sup> Chips and Salsa California Blend Vegetables Mandarin Oranges	Hot Pork Tenderloin on <sup>5</sup> Bread Mashed Potatoes & Gravy Peas Pears	NO SCHOOL <sup>6</sup> Teachers Institute
NO SCHOOL <sup>9</sup> Columbus Day	Chicken Strips <sup>10</sup> Mashed Potatoes & Gravy Corn Peach Crisp	Pulled Pork on Bun <sup>11</sup> Fries Baked Beans Mandarin Oranges	Chicken Enchilada <sup>12</sup> Salad Cauliflower Pears	Pizza <sup>13</sup> Salad Carrots Mixed Fruit
Corn Dog <sup>16</sup> Tri -Tator Baked Beans Mixed Fruit	Country Fried Steak <sup>17</sup> Mashed Potatoes & Gravy Corn Mandarin Oranges	Chicken Patty on Bun <sup>18</sup> Chips and Salsa Broccoli Pears	Sliced Ham <sup>19</sup> Au-gratin Potatoes Green Bean Casserole Peaches	NO SCHOOL <sup>20</sup> P/T Conferences
Pork Tenderloin on Bun <sup>23</sup> Sweet Potato Fries Broccoli Baked Apples	BBQ Meatballs <sup>24</sup> Cheesy Hashbrown Cass. Green Bean Casserole Pears	Toasted Ravs & Breaded <sup>25</sup> Cheese Sticks w/Marina Salad Pears	Chicken Fajita Tacos <sup>26</sup> Lettuce, Cheese, Salsa Corn Applesauce	Pizza <sup>27</sup> Carrots Salad Mixed Fruit
Hot Ham & Cheese <sup>30</sup> Chips and Salsa Baked Beans Pears	Turkey & Gravy <sup>31</sup> over Biscuit Mashed Potatoes & Gravy Peas Peaches			All Lunch meals served with 1/2 pt of milk.