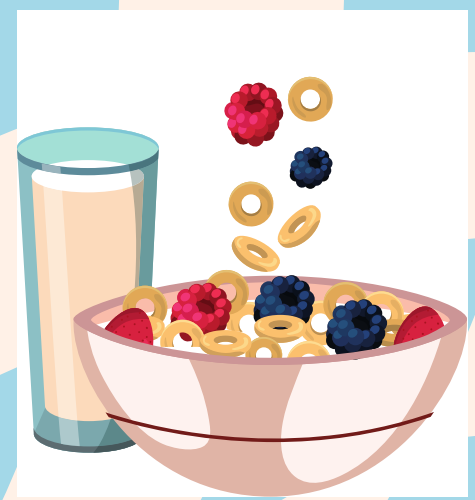


MON	TUE	WED	THU	FRI
				1 Honey Bun String Cheese Mixed Fruit Juice and Milk
4 <b>No School Labor Day</b>	5 Poptart String Cheese Peaches Juice and Milk	6 Biscuit with Gravy Mixed Fruit Juice and Milk	7 Nutri Grain Bar String Cheese Pineapple Juice and Milk	8 French Toast Sticks Pears Juice and Milk
11 Chocolate Chip Granola Bar String Cheese Pineapple Juice and Milk	12 Waffles with Syrup Peaches Juice and Milk	13 Yogurt String Cheese Blueberries Juice and Milk	14 Mini Cinnamon Rolls Mixed Fruit Juice and Milk	15 Cereal Gold Fish Crackers Applesauce Juice and Milk
18 Cereal Gold Fish Crackers Mixed Fruit Juice and Milk	19 Biscuit with Gravy Peaches Juice and Milk	20 Chocolate Chip Granola Bar String Cheese Juice and Milk	21 French Toast Sticks Pears Juice and Milk	22 Honey Bun String Cheese Applesauce Juice and Milk
25 Yogurt String Cheese Mixed Fruit Juice and Milk	26 Mini Cinnamon Rolls Blueberries Juice and Milk	27 Yogurt String Cheese Applesauce Juice and Milk	28 Apple Frudel Pears Juice and Milk	29 Cereal Bar String Cheese Peaches Juice and Milk

# SEPTEMBER 2023 ALLEN BREAKFAST

20 days



MON	TUE	WED	THU	FRI
				Cheese Pizza <sup>1</sup> Corn Mixed Fruit Cookie
<sup>4</sup> <b>No School Labor Day</b>	<sup>5</sup> Cheese Quesadilla with Marinara Side Salad w/Ranch Applesauce	<sup>6</sup> Turkey and Cheese Sub Sandwich Celery & Carrot Sticks Fruit Slushy	<sup>7</sup> Corn Dog Green Beans Mandarin Oranges Cookie	<sup>8</sup> Chicken Alfredo Corn Mixed Fruit
<sup>11</sup> Cheese Ravioli with Marinara Broccoli Peaches	<sup>12</sup> Beef and Cheese Tacos Chips and Salsa Corn Pineapple	<sup>13</sup> Hot Dog on Bun French Fries Carrots Applesauce	<sup>14</sup> BBQ Pulled Pork Sandwich BBQ Baked Beans Green Beans Pears	<sup>15</sup> Grilled Chicken Sandwich Peas and Carrots Mixed Fruit
<sup>18</sup> Pepperoni Pizza Green Beans Mandarin Oranges Cookie	<sup>19</sup> Chicken Tacos with Cheese Side Salad w/Ranch Chips and Salsa Pineapple	<sup>20</sup> Mini Corn Dogs BBQ Baked Beans Corn Mixed Fruit	<sup>21</sup> Beef and Noodles Peas and Carrots Peaches Bread and Butter	<sup>22</sup> Cheeseburger on Bun French Fries Peas Applesauce
<sup>25</sup> BBQ Rib Sandwich BBQ Baked Beans Tator Tots Applesauce	<sup>26</sup> Bosco Sticks with Marinara Roasted Broccoli Mixed Fruit	<sup>27</sup> Turkey and Cheese Sub Sandwich Pineapple Peas and Carrots	<sup>28</sup> Chicken Strips Mashed Potatoes and Gravy Corn Pears	<sup>29</sup> Spaghetti with Meat Sauce Green Beans Peaches

# SEPTEMBER 2023 ALLEN LUNCH

20 days

**ALL LUNCH MEALS  
SERVED WITH 1/2  
PT OF MILK.**

