## LHS/ LJHS Breakfast Menu, February 2023, 19 days

WEDNESDAY, 1

Cinnamon Frudel stick

Yogurt **Applesauce**  MONDAY, 13

Nutri-Grain Bar Cheese stick **Pears** 

THRUSDAY, 23

Pancake & sausage sandwich w/syrup Mandarin oranges

THURSDAY, 2

Pancake & sausage sandwich with syrup

Peaches

**TUESDAY, 14** 

Cereal Peaches FRIDAY, 24

Biscuit & gravy Applesauce

FRIDAY, 3

Breakfast pizza

Mixed fruit

WEDNESDAY, 15

Cinnamon Frudel stick

Yogurt **Pears** 

MONDAY, 27 Nutri-Grain Bar

Cheese stick Mixed fruit

MONDAY, 6

**Poptart** Yogurt

Pineapple

THURSDAY, 16

Pancake & sausage sandwich with syrup

Mixed fruit

**TUESDAY, 28** 

Cereal Pears

TUESDAY, 7

Cereal

Mandarin oranges

FRIDAY, 17

Breakfast burrito Pineapple

WEDNESDAY, 8

Apple Frudel stick

Cheese stick Fruit cup

MONDAY, 20

No school- Presidents Day

THURSDAY, 9

Pancake & sausage sandwich w/syrup

TUESDAY, 21

Cereal Fruit cup

Pineapple

FRIDAY, 10

Biscuit & gravy

**Applesauce** 

WEDNESDAY, 22

Cherry Frudel stick

Cheese stick Fruit cup

All breakfast meals served with 1/2 pt. of milk & juice. This institution is an equal opportunity provider.