

Monday

Tuesday

Wednesday

Thursday

Friday

NO SCHOOL

Cereal
Yogurt
Fruit Cup

Frudel Stick
Cheese Cubes
Apricot

French Toast
Syrup
Strawberries

Breakfast Pizza
Peaches

Cinnamon Toast Crunch Bar
String Cheese
Mixed Fruit

Cereal
Yogurt
Pears

Cinnamon Roll
Cheese Cubes
Fruit Cup

Pancakes
Syrup
Mixed Fruit

Cheese Omelet
Tri-Tator
Applesauce

NO SCHOOL

Cereal
Yogurt
Fruit Cup

Frudel Stick
Cheese Cubes
Mandarin Oranges

French Toast
Syrup
Fruit Cup

Breakfast Pizza
Peaches

Poptart
String Cheese
Mixed Fruit

Cereal
Yogurt
Peaches

Cinnamon Roll
Cheese Cubes
Mixed Fruit

Waffle
Syrup
Baked Apples

Cheese Omelet
Tri-Tator
Mandarin Oranges

"Maintaining a healthy lifestyle will help you manage stress. Eat a healthy diet, exercise regularly and get enough sleep. Make a conscious effort to spend less time in front of a screen — television, tablet, computer and phone — and more time relaxing." (www.mayoclinic.org)

Monday
Tuesday
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Friday

NO SCHOOL

Grilled Chicken Breast
Mashed Potatoes w/ Gravy
Green Bean Cass.
Apricots

Corn Dog
Tri-Tator
Broccoli
Strawberry Cups

Chicken Strips
Alfredo Pasta
Salad
Peas & Carrots
Peaches

Pizza
Salad
Cauliflower
Mixed Fruit

Hamburger on Bun
Sweet Potato Fries
Baked Beans
Pears

Hot Turkey on Bread
Mashed Potatoes w/Gravy
Peas & Carrots
Peaches

Toasted Cheese Ravs
Breaded Cheese Stick
Marinara
Salad
Mixed Fruit

Chicken Tacos
Corn
Applesauce

Sweet & Sour Chicken
Over Rice
Egg Roll
Broccoli
Pineapple

NO SCHOOL

Breaded Chicken Patty
on Bun
Chips and Salsa
Broccoli
Mandarin Oranges

11:30a Dismissal
PB & J
Chips and Salsa
Slushy Cup
Fruit Cup

Spaghetti w/Meat Sauce
Salad
Green Beans
Peaches

Pizza Quesadilla
Salad
Carrots
Mixed Fruit

Pork Tenderloin on Bun
Fries
Cauliflower
Peach Cup

Chicken Cutlet
w/Country Gravy
Mashed Potatoes
Peas
Mixed Fruit

BBQ on Bun
Tri-Tator
Baked Beans
Baked Apples

Sliced Ham
Au gratin Potatoes
Green Bean Cass.
Mandarin Oranges

Toasted Ravs
Breaded Cheese Stick
Marinara
California Blend
Pears