



AUGUST 2026

LJSH

7 Days

All Meals served with Milk and Juice

Monday

Tuesday

Wednesday

Thursday

Friday

3

4

5

6

7

10

11

12

13

14

17

18

19

20

21

Teacher's Institute
NO SCHOOL

Biscuit & Gravy
Fruit Cup

24

Poptart or Nutri-Grain Bar
String Cheese
Applesauce

25

Cereal
Yogurt
Fruit Cup

26

Cinnamon Roll
Cheese Cubes
Pineapple

27

Pancake & Sausage
Sandwich
Peaches

28

Cheese Omelet
Tri-Tater
Applesauce

31

Cinnamon Toast Crunch
Bar
String Cheese
Mixed Fruit

Cooking with your child is a great way to help them develop a strong knowledge base about good nutrition, meal planning and preparation, and incorporating how to read food labels. A lot of times, children are more likely to try new foods that they have a hand in preparing- so make trying new foods exciting and expand their horizons by getting your child in the kitchen and learning! (Actionforhealthykids.org)



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7 Days
All Meals Served with Milk

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
10	11	12	13	14
17	18	19	20 Teacher's Institute NO SCHOOL	21 Sack Lunch Sub Sandwich Chips & Salsa Slushy Cup Fruit Cup
24 Chicken Patty on Bun Chips & Salsa Broccoli & Cauliflower Baked Apples	25 BBQ Meatballs Cheesy Hashbrown Cass. Green Bean Cass. Pineapple	26 Corn Dog Tri-Tater Baked Beans Peaches	27 Beef Tacos Corn Applesauce	28 Sausage Pizza Salad Carrots Mixed Fruit
31 Hamburger on Bun French Fries Baked Beans Pears				