

**BREAKFAST****FEBRUARY 2026**

Allen Grade School

19 Days

Milk and Juice Served with Meal

Monday**Tuesday****Wednesday****Thursday****Friday****2**Nutri-Grain Bar
String Cheese
Peaches**3**Cereal
Yogurt
Pears**4**Frudel Stick
Cheese Cubes
Peaches**5**French Toast Sticks
Syrup
Fruit Cup**6**Breakfast Pizza
Mandarin Oranges**9**Chocolate Chip Bar
String Cheese
Mixed Fruit**10**Cereal
Yogurt
Applesauce**11**Cinnamon Roll
Cheese Cubes
Mandarin Oranges**12**French Toast Sticks
Syrup
Pears**13**Cheese Omelet
Tri-Tator
Applesauce**16**

NO SCHOOL

17Cereal
Yogurt
Fruit Cup**18**Frudel Stick
Cheese Cubes
Mandarin Oranges**19**Waffles
Syrup
Fruit Cup**20**Biscuit and Gravy
Peaches**23**Cinnamon Toast Crunch Bar
String Cheese
Mixed Fruit**24**Cereal
Yogurt
Peaches**25**Cinnamon Roll
Cheese Cubes
Fruit Cup**26**Waffles
Syrup
Mandarin Oranges**27**Egg, Sausage, Cheese
Burrito
Pineapple

"Designate a snacking zone: Only allow snacking in certain areas, such as the kitchen, and avoid serving snacks during screen time. You'll save your child countless calories from mindless munching. For snacks on the go, offer a banana, string cheese, yogurt sticks, cereal bars, carrot sticks or other less messy foods. Schedule snacks so that they don't interfere with a healthy meal. Skip snacks and juice within two hours of mealtime so that your child is hungry enough to eat with gusto a balanced, nutritious meal. Teaching your child to make healthy snack choices now will help set the stage for a lifetime of healthy eating. Start today!" (www.mayoclinic.org)



LUNCH

FEBRUARY 2026

Allen Grade School

19 Days
Milk served with Meal

Monday

Tuesday

Wednesday

Thursday

Friday

2

BBQ Pork on Bun
French Fries
Baked Beans
Pears

3

Sliced Turkey
Mashed Potatoes w/Gravy
Corn
Peaches

4

Hamburger on Bun
Tater Tots
Carrots
Baked Apples

5

Hot Dog on Bun
Chips and Salsa
Raw Veggies
Mandarin Oranges

6

Cheese Quesadilla
Green Beans
Salad
Mixed Fruit

9

Breaded Chicken
Patty on Bun
Chips and Salsa
Green Beans
Applesauce

10

Cheese Omelet
Tri-Tator
Broccoli
Mandarin Oranges

11

Corn Dog Nuggets
Tater Tots
Baked Beans
Pears

12

Pork Tacos w/Cheese
Salad
Corn
Applesauce

13

Pepperoni Calzone
Marinara
Broccoli
Mixed Fruit

16

NO SCHOOL

17

BBQ Grilled Chicken Breast
Mashed Potatoes w/Gravy
Peas
Mandarin Oranges

11:30 Dismissal

PB & J
Chips and Salsa
Slushy Cup
Fruit Cup

18

Chicken Noodle Soup
Bosco Stick
Raw Veggies
Peaches

20

Cheese Pizza
Salad
Broccoli
Mixed Fruit

23

Cheese Breadsticks
Marinara
Cauliflower & Broccoli
Peaches

24

Chicken Strips
Mashed Potatoes w/Gravy
Corn
Apple Crisp

25

Hot Ham & Cheese on Bun
Tater Tots
Baked Beans
Mandarin Oranges

26

Popcorn Chicken
Au gratin Potatoes
Broccoli
Pineapple

27

Cheese Quesadilla
Salsa
Salad
Pears