



AUGUST 2026

Allen Grade School

7 Days

All Meals served with Milk and Juice

Monday

Tuesday

Wednesday

Thursday

Friday

3

4

5

6

7

10

11

12

13

14

17

18

19

20

21

Teacher's Institute
NO SCHOOL

Biscuit & Gravy
Fruit Cup

24

Poptart or Nutri-Grain Bar
String Cheese
Applesauce

25

Cereal
Yogurt
Fruit Cup

26

Cinnamon Roll
Cheese Cubes
Pineapple

27

Pancake & Sausage
Sandwich
Peaches

28

Cheese Omelet
Tri-Tater
Applesauce

31

Cinnamon Toast Crunch
Bar or Chocolate Chip
Granola Bar
String Cheese
Mixed Fruit



Cooking with your child is a great way to help them develop a strong knowledge base about good nutrition, meal planning and preparation, and incorporating how to read food labels. A lot of times, children are more likely to try new foods that they have a hand in preparing- so make trying new foods exciting and expand their horizons by getting your child in the kitchen and learning! (Actionforhealthykids.org)



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7 Days
All Meals Served with Milk

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
10	11	12	13	14
17	18	19	20 Teacher's Institute NO SCHOOL	21 Sack Lunch PB & Jelly Chips & Salsa Fruit Cup
24 Breaded Chicken Patty on Bun Chips & Salsa Green Beans Baked Apples	25 BBQ Meatballs Cheesy Hashbrown Cass. Carrots Pineapple	26 Mini Corn Dogs Sweet Potato Fries Baked Beans Peaches	27 Beef Tacos Salad Corn Applesauce	28 Sausage Pizza Salad Broccoli Mixed Fruit
31 Hamburger on Bun French Fries Baked Beans Pears				