

**BREAKFAST**

**APRIL 2026**

Allen Grade School

16 Days  
Meal served with Milk & Juice

Monday

Tuesday

Wednesday

Thursday

Friday

		1 Glazed Donut Cheese Cubes Mandarin Oranges	2 Waffle Syrup Peaches	3 NO SCHOOL
6 NO SCHOOL	7 NO SCHOOL	8 NO SCHOOL	9 NO SCHOOL	10 NO SCHOOL
13 Nutri-Grain Bar String Cheese Fruit Cup	14 Cereal Yogurt Mandarin Oranges	15 Cinnamon Roll Cheese Cubes Mixed Fruit	16 Waffle Syrup Peaches	17 Egg, Sausage, & Cheese Burrito Salsa Applesauce
20 Cocoa Puff Bar String Cheese Pears	21 Cereal Yogurt Mixed Fruit	22 Glazed Donut Cheese Cubes Peaches	23 Waffle Syrup Fruit Cup	24 Breakfast Pizza Applesauce
27 Chocolate Chip Granola Bar String Cheese Pineapple	28 Cereal Yogurt Applesauce	29 Cinnamon Roll Cheese Cubes Mixed Fruit	30 French Toast Syrup Pears	

“For every hour of brisk walking, life expectancy for some people may increase by two hours. Research has shown that walking at least 150 minutes a week can help you: Reduce your risk of serious diseases like heart disease, stroke, diabetes and cancer, Improve your blood pressure, blood sugar and blood cholesterol levels, Increase your energy and stamina, Improve your mental and emotional well-being, Boost bone strength and reduce your risk of osteoporosis, and Prevent weight gain.” (American Heart Association)

Monday

Tuesday

Wednesday

Thursday

Friday

NO SCHOOL

NO SCHOOL

1  
Pizza  
Salad  
Green Beans  
Peaches

2  
PB & J  
Carrots Sticks  
Fruit Cup  
Juice

3  
NO SCHOOL

6  
NO SCHOOL

7  
NO SCHOOL

8  
NO SCHOOL

9  
NO SCHOOL

10  
NO SCHOOL

13  
Hamburger on Bun  
Tater Tots  
Baked Beans  
Baked Apples

14  
Chicken Strips  
Mashed Potatoes w/Gravy  
Peas  
Mixed Fruit

15  
Pulled Pork on Bun  
Chips & Salsa  
Green Beans  
Mandarin Oranges

16  
Chicken & Cheese Tacos  
Salad  
Corn  
Applesauce

17  
Cheese Pizza  
Salad  
Carrots  
Pears

20  
Mini Corn Dogs  
Tater Tots  
Green Beans  
Mixed Fruit

21  
Chicken & Gravy  
Mashed Potatoes  
Peas  
Peaches

22  
Hot Ham & Cheese on Bun  
French Fries  
Baked Beans  
Baked Apples

23  
BBQ Meatballs  
Cheesy Hashbrown Cass.  
Green Bean Cass.  
Applesauce

24  
Chicken Noodle Soup  
Goldfish Crackers  
Raw Veggies  
Slushy Cup  
Pineapple

27  
Rib on Bun  
French Fries  
Broccoli  
Applesauce

28  
Grilled Chicken Patty  
Mashed Potatoes w/Gravy  
Corn  
Pineapple

29  
Toasted Ravs  
Marinara  
Broccoli  
Pears

30  
Spaghetti w/Meat Sauce  
Salad  
Green Beans  
Baked Apples

