



La Moille Principals' ROAR

October 2025

Dear Students, Parents, and Community ~

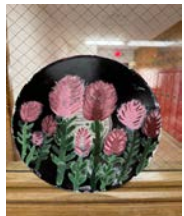
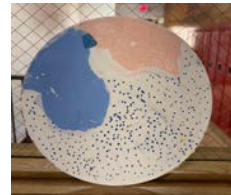
October is a special month in our school year—a time when routines are firmly established, learning is in full swing, and the excitement of fall activities fills the air. We have enjoyed our homecoming events and parent-teacher conferences are right around the corner! There are many classroom projects under way, essays being written, our school community is buzzing with energy and academic growth.

As we move deeper into the semester, we encourage our La Moille families to stay connected and engaged. Together, we can ensure that our students continue to thrive academically, socially, and emotionally. Thank you for your ongoing support and partnership—it truly makes a difference.

Wishing you a wonderful month of learning, growth, and community!

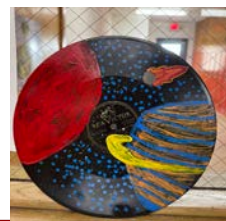
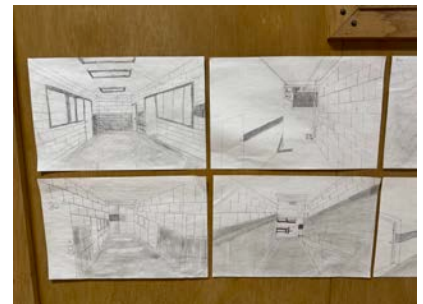
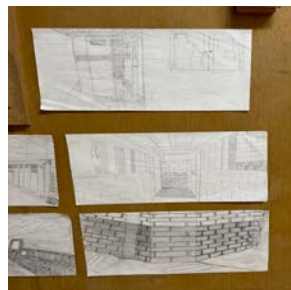
Sincerely,

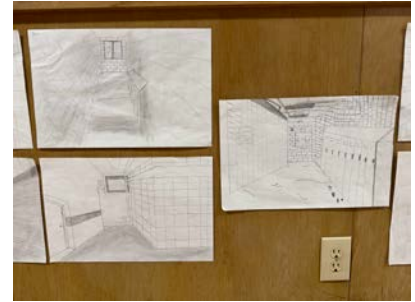
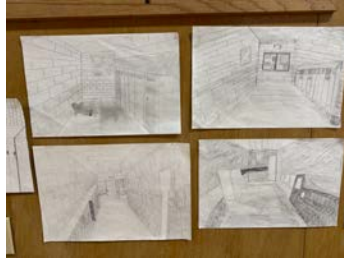
Mrs. Anne Johnson & Mrs. Emily Leffelman



Happy Arts in Education Week!

The district celebrated Arts in Education September 15 - 19th! At the September 18th Board of Education meeting, Ms. Tara Oakes and Ms. Claire Roberts were both recognized for their outstanding contributions to our district. Each selected students to also be recognized within the Music and Art Departments. Student recognitions included:





NED's Resiliency Ride

On Tuesday, September 9, Allen students welcomed NED to their school to help them understand how to be resilient. This was a great Pay it Forward event, meaning the show was free as long as we agreed to sell their yo-yos. So, students are learning how to yo-yo in our newly established Yo-Yo Zone at Allen. What a great way to practice resilience, as Alex made it look so easy, and students are learning that learning to master the yo-yo takes practice!!

The message of NED is:

N - Never Give Up

E - Encourage Others

D - Do Your Best

Parent Teacher Conferences are soon approaching! We encourage families and students to utilize this time to connect and communicate with staff!

October 30th, 4-7p & October 31, 8a-12p

Family Wellness Checklist

Parents' everyday behaviour plays a big part in shaping their child's behaviour. With your help, your kids can develop healthy eating and physical activity habits that last throughout their lives.



Be a role model. Eat healthy family meals together. Walk or ride bikes instead of watching TV or surfing the web.



Start good hygiene habits early. Make handwashing fun with songs, use timers to encourage proper tooth brushing and establish a regular and relaxing bathing routine.



Make healthy choices easy. Put nutritious food where it's easy to see. Keep balls and other sports gear handy.



Maintain a healthy sleep schedule. Set a consistent bedtime and follow a calming bedtime routine, like reading a story, with younger children.



Focus on fun. Play in the park, or walk through the zoo or on a nature trail. Cook a healthy meal together.



Limit screen time. Don't put a TV in your child's bedroom. Avoid snacks and meals in front of the TV.



Make family time a priority. Schedule regular family activities like playing board games or making popcorn and having a movie night.



Focus on mental health. Encourage children to express their feelings, provide support during tough times, and create a positive home environment where they feel safe and loved.

From Nurse Martin:

As October 15th soon approaches, it is a reminder for students that do not have their physicals, immunizations, and vision exams up to date to please take action. **The students not up to date with their physicals and immunizations will be required to be excluded from school as of 10/15/25.** We need to receive their physicals, immunization records, or confirmation of appointments by 10/15/25. With further questions or for information, please contact Nurse Martin: cmartin@lamoilleschools.org



La Moille High School Student Council Blood Drive

High School Library

801 S. Main, PO Box 440
La Moille, IL 61330

**Friday, October 24, 2025
1:00 p.m. to 6:00 p.m.**

Sponsored By: Student Council

For an appointment call 1-800-RED CROSS (1-800-733-2767) or visit RedCrossBlood.org.

By donating at this blood drive, you are helping one or more graduating seniors earn a scholarship!

You can save up to 15 minutes when you donate blood by using RapidPass! Visit RedCrossBlood.org/RapidPass for more information.



Scan to be directed to
RapidPass!

**Come to give blood Oct. 20-Nov. 16 for a \$10 e-gift card
+ chance at \$5K prize! rcblood.org/harvest**



Scan to schedule
an appointment.

RedCrossBlood.org | 1-800-RED CROSS | 1-800-733-2767 | Download the R

Homecoming Recap!

Excitement, competitions, and FUN filled the halls of La Moille
Jr/Sr High School!

Congratulations to the 2025 La Moille Homecoming Court!

Freshmen Attendants: Alexis Flanagan & Dominic Steele

Sophomore Attendants: Bri Smith & Alex Lovgren

Junior Attendants: Lola Hauge & Gavin Moore

Senior Attendants: Madison Durdan, Abby Michael, Connor Deering,
Kyler Meyer, Brayden Ahlstrom

Homecoming Queen: Ella Ryan & Homecoming King: Connor Deering

